Sadena Parks is an American professional golfer who currently plays on the Symetra Tour. She was born May 4, 1990. She became the first African American to win on the Symetra Tour since LaRee Sugg in 1998. She is the first African American to earn her Tour card through the Symetra Tour and she is the fifth African American to play on the LPGA Tour. She started playing golf at the age of nine and credits her father as having the most influence on her career.

She is passionate about introducing young girls and women of color to the game of golf. Her hobbies include shopping, watching Hulu and having dinner with friends.